

## COVID-19 AND DERMATOLOGY (PART II): ADVERSE MUCOCUTANEOUS REACTIONS TO MEDICATIONS AND VACCINES USED FOR COVID-19 INFECTION

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### ABSTRACT

**Background/Aim:** There is no proven specific or effective treatment for COVID-19 infection; therefore, many drugs are used empirically to establish control of the infection. Viral infection creates an immunologic environment and facilitate drug sensitization. With the advent of new vaccines, the future holds promise for optimism in establishing control of the pandemic. However, even vaccines are not devoid of side effects. In part II of these review series, we aimed to review the published data on mucocutaneous reactions induced by medications used for COVID-19 infection and vaccines used for COVID-19 prophylaxis.

**Materials and methods:** Literature search was performed in the databases PubMed, Scopus, and Web of Science for the relevant studies, starting from the beginning of COVID-19 pandemic until October 2021. Research on animals, studies utilizing in vitro techniques and publications irrelevant to the study's framework were excluded.

**Results:** The mucocutaneous side effects liable to medications (antimalarials, azithromycin, lopinavir/ritonavir, remdesivir, ribavirin/interferon, oseltamivir/favipiravir, darunavir, imatinib, tocilizumab, anakinra baricitinib, and other Janus kinase inhibitors, immunoglobulin therapy, colchicine, anti-TNF- $\alpha$  biologics, low molecular weight heparins, camostat mesylate) and vaccines used for COVID-19 infection are reviewed herein.

**Conclusion:** There is a great amount of accumulated data regarding the mucocutaneous side effects of drugs and vaccines used for COVID-19 infection. In the pandemic era, it is a major goal to diagnose drug or vaccine-related mucocutaneous eruptions and distinguish them from pathognomonic, specific, or SARS-CoV-2 virus-related cutaneous eruptions. Timely diagnosis of a mucocutaneous drug/ vaccine reaction will allow for identification of the culprit and appropriate management and protect the patient from forthcoming severe drug/ vaccine reactions. Therefore, it is essential for physicians to update their knowledge regularly on mucocutaneous side effects of COVID-19 therapeutics and vaccines.

**Keywords:** COVID-19, drug reaction, cutaneous side effects, SARS-CoV-2.

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### Introduction

Despite the lack of proven efficiency, many drugs are empirically used in the setting of SARS-CoV-2 (COVID-19) infection. Owing to the infection's life-threatening potential and urgent situation, most of the medications are used before appropriate clinical testing and approval by US FDA (Food and Drug Administration) and EMA (European Medicines Agency)<sup>(1,2)</sup>. As we discussed in part I of these review series, there is an assortment of cutaneous

manifestations in COVID-19 infection, which may clinically simulate drug reactions. Urticarial and maculopapular eruptions of COVID-19 infection usually appear simultaneously with the systemic manifestations, yet those of drug eruptions may take a few hours or days to develop after initiation of the offender medications<sup>(3,4)</sup>. A quandary faced by a dermatologist in a patient with a nonspecific cutaneous eruption (particularly urticarial or maculopapular rash) is whether the clinical portrait arises from SARS-CoV-2 infection, or from another

viral infection, or from an agent utilized in treatment. The possibility that a given cutaneous eruption might originate from a medication/ vaccine should always be considered and a skin biopsy should be attempted whenever feasible.

Drug categories employed in the treatment and prophylaxis of novel coronavirus disease involve antimalarials, azithromycin, lopinavir/ritonavir, remdesivir, ribavirin/interferon, oseltamivir/favipiravir, darunavir, imatinib, tocilizumab, anakinra baricitinib and other Janus kinase inhibitors, immunoglobulin therapy, colchicine, anti-TNF- $\alpha$  biologics, low molecular weight heparins (LMWH), camostat mesylate and COVID-19 vaccines. Every drug/vaccine has the capability to provoke adverse cutaneous reactions and each drug/vaccine harbors a separate spectrum of adverse events on the integument<sup>(5)</sup>.

In part II of these review series, we aimed to overview the mucocutaneous side effects of drugs prescribed for COVID-19 infection and COVID-19 vaccines. Systemic steroids are also used as an adjunctive therapy in COVID-19 infection. However, they were excluded from discussion herein, as their side effects are well-recognized and do not diverge significantly from what has already been known.

### ***Pathophysiologic classification of cutaneous drug eruptions***

Pathophysiology of a drug reaction entails sensitization to a medication through the development of drug-specific antibodies (e.g., IgE antibodies) or drug-specific T cells.

Drug allergies may present within a few hours, but sometimes take hours, days, or weeks to develop. Immediate type hypersensitivity reactions have onset within a few hours following drug exposure; they are IgE-related, and typically present as urticaria, angioedema, serum sickness, and anaphylaxis. Delayed type hypersensitivity reactions are usually postponed and have onset within 2 to 4 weeks after drug exposure. The prototypic cutaneous counterparts are exanthematous maculopapular rash (MPR), fixed drug reaction (FDE), erythema multiforme (EM), Stevens-Johnson syndrome (SJS), toxic epidermal necrolysis (TEN), acute generalized exanthematous pustulosis (AGEP), drug reaction with eosinophilia and systemic symptoms (DRESS) and vasculitis<sup>(5,6)</sup>.

Infections set up a convenient immunologic environment, facilitating drug sensitization. Especially in viral infections, antibiotic use is

associated with adverse cutaneous effects, such as urticarial and maculopapular eruptions. The typical example is the development of ampicillin rash in patients with infectious mononucleosis.

### ***Drugs used in COVID-19 treatment***

#### ***Anyimalarials***

Chloroquine is a medication used for the treatment of malaria and autoimmune rheumatologic disorders, such as rheumatoid arthritis and lupus erythematosus<sup>(7)</sup>. After accumulation within lysosomes, chloroquine becomes protonated and alters cellular pH. The ability to increase the cellular pH endows chloroquine an antiviral capability.

Hydroxychloroquine (HCQ) was initially developed for the treatment of malaria and later also used for the treatment of autoimmune diseases. HCQ has anti-inflammatory, immunomodulating, anti-infective, antithrombotic, and metabolic effects (8,9). Despite being an effective medication, HCQ has multiple adverse effects such as cardiotoxicity, prolongation of QTc, ventricular arrhythmias, and vision-threatening toxic retinopathy<sup>(10,11)</sup>. Because of these side effects, the US FDA cancelled the Emergency Use Authorization of HCQ in COVID-19 infection on June 15, 2020<sup>(12)</sup>. Cutaneous side effects of antimalarials might arise in up to 11.5% of treated patients and include urticaria, MPR, exacerbation of psoriasis, pigmentation of skin, nails and mucosa, EM, SJS, TEN, DRESS, AGEP, photosensitivity and systemic eczematous contact dermatitis. Maculopapular drug eruption due to HCQ, with a latency of 2 weeks after the start of treatment, may be mistaken for maculopapular rash of COVID-19<sup>(13,23)</sup>.

#### ***Azithromycin***

Azithromycin is a macrolide antibiotic that binds to the 50s subunit of the ribosome and inhibits translocation of peptides and subsequently blocks protein synthesis. It has antibacterial, antiviral, and anti-inflammatory effects<sup>(24)</sup>. Rare cutaneous side effects include urticaria, angioedema, anaphylaxis, FDE, generalized red or purple skin rashes, SJS, TEN, skin peeling, AGEP, DRESS syndrome, and leukocytoclastic vasculitis<sup>(25,26)</sup>.

#### ***Lopinavir/Ritonavir***

Lopinavir/ritonavir is an approved antiretroviral combination, that is used in the treatment of HIV infections. The combination has antiviral effects by inhibiting the 3-chymotrypsin-like protease

and hence recently employed in the treatment of COVID-19 infections. Cutaneous reactions are frequently encountered both in the setting of HIV and COVID-19 infection and tend to affect 5% of adults and up to 12% of children. The list of adverse cutaneous phenomena comprises MPR, SJS, TEN, DRESS, AGEP, seborrheic dermatitis, leg edema, alopecia areata, skin infections, scleroderma-like lesions, pigmentation of nail and oral mucosa, exfoliative erythroderma, lichenoid eruptions, urticaria, pruritus, xeroderma, vasculitis, redistribution of body fat and facial wasting, cysts, and ingrown toenails<sup>(17,26-30)</sup>.

### ***Remdesivir***

Remdesivir is a nucleotide analogue that blocks the viral RNA polymerization. Successful outcomes in Ebola virus outbreak have paved the way for its current use in COVID-19 pandemic. Cutaneous rash may develop in up to 7.55% of patients receiving remdesivir and may necessitate drug discontinuation. Unfortunately, there is lack of data on the distribution, timing, and morphology of remdesivir-related rash, that could help its differentiation from the rash caused by COVID-19, itself. Apart from MPR, nucleotide analogues have been associated with severe cutaneous adverse drug reactions (SCARs), including life-threatening SJS and TEN<sup>(17,26,31-33)</sup>.

### ***Ribavirin/Interferon***

Ribavirin is a guanine analogue antiviral drug. It shows antiviral effects against HCV through inhibition of RNA polymerase and is currently being evaluated for COVID-19 treatment. Interferon, an antiviral broad-spectrum medication, is commonly used in combination with ribavirin. Cutaneous adverse reactions are encountered in 10.3-23% of patients treated with ribavirin/interferon combination. Ribavirin has been incriminated in acneiform eruptions, pruritus, xerosis, localized scleroderma, eczematous eruptions, MPR, vasculitis, alopecia, psoriasis, and lichenoid drug eruptions. The skin reactions of interferons include injection site erythema, hair loss, lichenoid eruption, psoriasis, exanthematous drug eruptions, alopecia, exacerbation of atopic dermatitis, sarcoidosis, lupus, cutaneous vasculitic lesions<sup>(17,34-38)</sup>.

### ***Oseltamivir/Favipiravir***

Oseltamivir, a neuraminidase inhibitor, is a drug that has been used to treat H1N1 virus outbreak.

The antiviral triphosphate favipiravir (T-705) blocks viral replication by inhibiting RNA polymerase. Cutaneous reactions to oseltamivir are relatively rare (< 1%), although it has been implicated in the development of SJS, TEN, angioedema, and tongue swelling. Favipiravir has been linked to AGEP, pruritus, and exanthematous drug reactions<sup>(17,39-43)</sup>.

### ***Darunavir***

Darunavir, a protease inhibitor used to treat HIV, is currently within the scope of COVID-19 therapy. Documented cutaneous side effects consist of MPR, thrombocytopenic purpura, vesicular eruption, allergic dermatitis, SJS and TEN. The frequency of MPR is almost 10%; others are confronted with a frequency of less than 1%. Darunavir-related MPR usually develops after a latency period of 2 weeks and resembles COVID-19 rash. It is mild to moderate in intensity and usually shows a benign self-limiting course<sup>(17,44,45)</sup>.

### ***Imatinib***

Imatinib has antiviral and immunomodulatory properties. It targets BCR-ABL and other tyrosine kinases. Cutaneous side effects, challenged in more than 20% of patients receiving imatinib, embrace MPR, edema, pigmentary disorders, psoriasiform eruption, pityriasis rosea-like eruption, AGEP, SJS, urticaria, neutrophilic dermatosis, photosensitivity, porphyria, and pseudo-porphyria<sup>(17,46,47)</sup>.

### ***Tocilizumab***

Tocilizumab is a humanized monoclonal antibody against the IL-6 receptor. Among the list of reported cutaneous adverse events are cellulitis-like skin infections, necrotizing fasciitis pruritus, pustular eruption, psoriasiform dermatitis, MPR, urticaria, new-onset cutaneous sarcoidosis, vasculitis, AGEP, SJS, and DRESS syndrome. Skin infections require close follow-up, as necrotizing fasciitis and cellulitis might have a fatal outcome<sup>(17,26,48-50)</sup>.

### ***Anakinra***

Anakinra is a recombinant homologue of human IL-1 receptor antagonist that blocks IL-1 receptors. A considerable increase in survival of patients with hyper inflammation (systemic cytokine release syndrome) is attained with the use of anakinra. It is a relatively safe medication. Skin-related side effects include injection-site reactions (inflammation, erythema, itching, pain), exanthematous reaction, urticaria, anaphylaxis, and skin infections<sup>(17,26,51)</sup>.

### ***Baricitinib and the other Janus kinase inhibitors (JAK-I)***

Baricitinib is a specific dual JAK-1 and JAK-2 inhibitor that can prevent viral endocytosis by blocking AAK1. It is an anti-inflammatory agent, engaged in the management of systemic hyperinflammation. Cutaneous adverse events include reactivation of latent viral infections (varicella-zoster, herpes simplex, Epstein-Barr virus), palmoplantar pustulosis-like eruptions, melanoma, and non-melanoma skin cancers, urticaria, and angioedema<sup>(26,52-54)</sup>.

### ***Immunoglobulin Therapy***

Convalescent plasma therapy is characterized by a collection of antiviral immunoglobulins produced in the plasma of an immune patient who has recovered from COVID-19 infection, and their transfer to a non-immune naïve patient to enhance recovery or improve survival. Intravenous immunoglobulin is a blood product, consisting of pooled polyclonal immunoglobulin G extracted from healthy donors. It has been in use for more than 30 years. Urticaria, anaphylaxis, MPR, EM, purpuric erythema, and eczema are within the spectrum of cutaneous adverse events encountered with IV immunoglobulin or plasma infusions<sup>(17,55-58)</sup>.

### ***Colchicine***

Colchicine is an anti-neutrophilic medication used for hyper inflammation, since it prevents inflammasome activation and cytokine release. Adverse effects are generally secondary to intoxication. Cutaneous adverse reactions include violaceous rash, alopecia, MPR, bullous dermatitis, erythema nodosum-like reactions, and TEN-like reactions<sup>(17,59,60)</sup>.

### ***Anti-TNF- $\alpha$ biologics***

TNF- $\alpha$  is a proinflammatory cytokine that plays a pivotal role in both acute and chronic inflammation. Anti-TNF agents are frequently used to treat rheumatologic disorders. As high TNF- $\alpha$  levels correlate with infection severity in COVID-19 infection, anti-TNF agents are currently under scrutiny in this field as well. Cutaneous side effects include infusion and injection site reactions, psoriasis and psoriasiform-like lesions, lupus-like syndromes, cutaneous vasculitis, cutaneous infections, exanthematous drug reactions, lichenoid eruptions, granulomatous reactions, cutaneous lymphoma, symmetrical drug-related intertriginous

and flexural erythema (STRIFE), epithelial skin cancers or melanoma<sup>(61-63)</sup>.

### ***Low molecular weight heparins (LMWH)***

Venous thromboembolism risk increases in hospitalized patients with COVID 19 infection. LMWHs are multitasked medications in COVID-19 infection; they inhibit coagulation (anti-coagulant), block inflammatory responses (anti-inflammatory) and hinder viral entry into the cells (anti-viral). Cutaneous side effects of LMWH are injection-site reactions, heparin-induced skin necrosis (erythematous plaques, hemorrhagic blisters, necrotic ulcers, petechiae), eczema, MPR, SJS, TEN, and DRESS<sup>(17,26,64)</sup>.

### ***Camostat Mesylate***

Camostat mesylate is a potent serine protease inhibitor, that can block TMPRSS2 and prevent COVID-19 entry into the cells at the early stage of the infection. Urticaria, itching, and yellow skin discoloration have been reported as relevant cutaneous side effects<sup>(65,66)</sup>.

### ***Vaccines used for COVID-19 prophylaxis***

Owing to the emergency of the pandemic, the development and distribution of several COVID-19 vaccinations have been immediately authorized and approved. COVID-19 vaccines are developed by various methodologies: mRNA-based vaccines (Moderna, BioNTech/Pfizer, CureVac), viral vector vaccines (adenovirus) (AstraZeneca, Sputnik V, COVID-19 Vaccine Janssen, Convidecia), inactivated whole virus (CoronaVac, Sinopharm), recombinant protein subunit (Novavax, Sanofi/GlaxoSmithKline). Cutaneous side effects of vaccines may be interrelated either to the vaccine or to the adjuvant component.

The most frequently reported cutaneous reactions from COVID-19 vaccines are local injection site reactions (erythema, swelling, tenderness, pain, induration, and pruritus) that usually occur during the succeeding 7 days of vaccination. The mRNA-based vaccines have been allied to delayed (7-10 days) local erythematous injection site reactions (COVID arm), morbilliform rash, pityriasiform rash, psoriasiform rash, eczematous rash, exfoliative dermatitis, injection site urticaria, angioedema, papular urticaria, anaphylaxis, AGEP, and vesicular rashes. Exacerbation or worsening of preexisting dermatoses (atopic dermatitis, psoriasis, lichen planus) and recall reactions have also been

documented with mRNA-based vaccines. Moderna and Pfizer-BioNTech COVID-19 mRNA vaccines have also been incriminated in rare reports of leukocytoclastic vasculitis, allergic reaction to polyethylene glycol (PEG; as an ingredient of the vaccine), urticarial vasculitis, anaphylaxis, and bullous pemphigoid. An interesting cutaneous reaction seen with mRNA vaccines is erythema and edema involving the injection sites of dermal fillers. Sputnik vaccine has been implicated in allergic and acneiform dermatitis, alopecia, petechial rash and eczema. Convidecia vaccine-related injection site reactions (pain, induration, redness,swelling, itch), oral ulceration, and oral herpes were reported. Severe acute urticaria has been described within 48 hours of CoronaVac vaccination. CoronaVac and Oxford-AstraZeneca vaccines have been reported in the setting of STRIFE. The Oxford-AstraZeneca vaccine has been linked to severe cellulitis, vaccine-induced psoriasis, rosacea, vitiligo, and Raynaud phenomenon.

Pernio-like lesions, erythromelalgia, erythema multiforme, lichen planus, varicella-zoster and herpes simplex reactivation, pityriasis rosea-like reactions, petechial rash, and purpuric rash are other cutaneous adverse effects associated with COVID-19 vaccines<sup>(67-80)</sup>.

Management

A detailed personal medical history, the complete list of medications, the time scale for each medication (illustrating the temporal relationship between medication intake and the development of cutaneous reaction) and the type of cutaneous reaction should be thoroughly appraised in all cases of suspected drug eruptions in patients with COVID-19 infection. If possible, the culprit medication should be terminated. If the intensity of the cutaneous drug reaction is mild, symptomatic treatment with antihistamines, topical, and rarely systemic corticosteroids will be all that is required. In severe cutaneous drug reactions with concomitant cytokine storm, other immunomodulators and immunosuppressants might be utilized. Delayed inflammatory reactions to dermal fillers may be treated with oral lisinopril; an angiotensin-converting enzyme receptor inhibitor. If there is proof of a skin infection, antibiotics/antifungals/antivirals might be instigated. Algorithmic appropriate management of cutaneous drug eruptions in the panorama of COVID-19 infection is shown in table I. The culprit drug in immediate-type reactions (urticaria,

angioedema, anaphylaxis) can be confirmed by prick test, basophil activation test (BAT), and demonstration of specific IgE against the drug. The offender medication in delayed-type cutaneous reactions (maculopapular exanthema) may be verified through patch test, prick test with late reading, lymphocyte transformation test (LTT), and Enzyme-Linked Immunosorbent Spot (ELISPOT) test. Drug provocation test (DPT) is the gold standard for the diagnosis; however, it is reserved for patients with mild to moderate immediate or delayed-type cutaneous drug reactions and contraindicated in patients with life-threatening SCARs.

Drug Allergy Skin reaction	Diagnosis	Management
Immediate Urticaria, Angioedema Anaphylaxis Erythematous rash	Prick Specific IgE BAT Drug challenge (not possible if previous severe reaction)	Antihistamines Topical or systemic steroids
Delayed Maculopapular rash Fixed drug reaction SJS TEN DRESS Vasculitis Lichenoid eruptions	Patch Prick (late reading) LTT Elispot Drug challenge (not possible if previous severe reaction)	Antihistamines Topical or systemic steroids

Table I: Management of drug reactions encountered in COVID-19 infection.

Conclusion

There is a great amount of accumulated data regarding the mucocutaneous side effects of empirical drugs and vaccines used for COVID-19 infection. Drug reactions are frequent within the setting of COVID-19 infection, as the immunologic scene is appropriate for drug sensitization. Furthermore, the multiplicity of the utilized medications could hamper the identification of the offender(s) in COVID-19 infection. In the pandemic era, it is a major goal to diagnose drug or vaccine-related mucocutaneous eruptions and distinguish them from pathognomonic, specific, or SARS-CoV-2 virus-related cutaneous eruptions. Timely diagnosis of a mucocutaneous drug/ vaccine reaction will pave the way for identification and termination of the culprit, and appropriate management of the reaction. Additionally, it will safeguard the patient against forthcoming severe drug/ vaccine reactions. Therefore, it is essential for physicians to update

their knowledge regularly on mucocutaneous side effects of COVID-19 therapeutics and vaccines.

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